

Antoinette Lee's main research area is health psychology and mental health. Within this broad area, I am particularly interested in women's mental health and how cultural and social factors affect mental and physical health. I am fascinated by the intricate and reciprocal relationship between psychology and health, and between physical and mental health. Specifically, I am interested in examining how medical and physical conditions affect psychological well-being, and how psychological factors and processes affect health and illness experience. The additional contributions of cultural factors (such as cultural attitudes, beliefs and practices) and social factors (such as gender) often offer further insights into this complex relationship.

My research projects include eating disorders; body dissatisfaction; adolescent mental health and high risk behaviours; antenatal and postpartum mental health and their impact on infant and child development; stress and coping; positive psychology; gender roles and psychological well-being; and well-being during midlife.

Potential thesis students are also encouraged to propose their own thesis topic within the broad areas of mental health, health psychology, and psychology of gender.

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