Treating anxiety disorders in youth:

Current knowledge…next steps

The current status of knowledge about the treatment of anxiety in youth will be presented. Recent randomized clinical trials will be presented, research findings will be discussed, and directions for future research will be offered. Following the summary of recent work, we will consider next steps in terms of computer-assisted programs for (a) helping anxious children, (b) training therapists to provide CBT, and (c) helping parents.