

The University of Hong Kong  
Department of Psychology

*Departmental Seminar*

***Treating anxiety disorders in youth:  
Current knowledge...next steps***

Date: November 7, 2013 (Thursday)

Time: 11:30 a.m. – 12:30 p.m.

Venue: Room 115, 1/F, Knowles Building, HKU

Speaker: Professor Philip C. Kendall  
Distinguished University Professor  
Laura H. Carnell Professor of Psychology  
Department of Psychology  
Director, Child and Adolescent Anxiety Disorders Clinic  
Temple University

The current status of knowledge about the treatment of anxiety in youth will be presented. Recent randomized clinical trials will be presented, research findings will be discussed, and directions for future research will be offered. Following the summary of recent work, we will consider next steps in terms of computer-assisted programs for (a) helping anxious children, (b) training therapists to provide CBT, and (c) helping parents.