

The University of Hong Kong
Department of Psychology

Departmental Seminar

***The Role of Social Resources in Overcoming Adversity:
Examples from China, Africa and the Middle East***

Date: April 24, 2015 (Friday)

Time: 11:30 a.m. – 12:30 p.m.

Venue: Room 813, 8/F, The Jockey Club Tower, Centennial Campus, HKU

Speaker: Dr. Brian J. Hall
Department of Psychology
University of Macau

Populations affected by multiple forms of adversity evidence an increased risk for developing mental health problems. A treatment gap exists in many parts of the world where access to needed mental health treatments among those most in need is seriously lacking. Identifying the protective factors that mitigate the risk of poor mental health is an important public health priority. Social resources (e.g., social capital, social network support) are key determinants of positive adaptation during times of distress. Highlighting studies conducted among migrants in China and among diverse populations from other geographical regions, this talk will explore how community social resources play a vital role in protecting, maintaining and promoting mental health within low-resource contexts.