

The University of Hong Kong  
Department of Psychology

*Departmental Seminar*

***Parenting Children with Intellectual and  
Developmental Disabilities***

Date: October 16, 2015 (Friday)

Time: 11:30 a.m. – 12:30 p.m.

Venue: Room 813, 8/F, The Jockey Club Tower, Centennial Campus, HKU

Speaker: Dr. Tracey Lloyd  
School of Psychology  
Bangor University

**Abstract**

**Objective** – This lecture topic covers issues related to the health and wellbeing of families of children with Intellectual Disability and/or autism. Both negative and positive perspectives are considered within the context of familiar well-being and in particular the topic of parental psychological variables will be explored with reference to research literature. Psychological variables (such as hope, acceptance, mindfulness) are variables that are amenable to change and may thus provide the basis for successful intervention where families are not coping well.

**Methods** – The session will focus on how familial well-being has been studied in the past, before proposing that research needs to focus more on issues surrounding variability in well-being across families. Two studies carried out by the author and colleagues are discussed and conclusions from the field along with suggestions for further research are presented.