



Department of Psychology
The University of Hong Kong

香港大學心理學系

Departmental Seminar

Information Technology Addiction in the Cyber Age: What is it and How to Measure it?

2:00 p.m. – 3:00 p.m. | March 18, 2016 (Friday)

Rm 1103, 11/F, The Jockey Club Tower | Centennial Campus | The University of Hong Kong



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Abstract

Recent years have seen an increasing interest in addictions related to various forms of information technology. Although many new addictions have been proposed, there is very little agreement about how to conceptualize and assess these “Information Technology Addictions” (ITAs). Our research, including cross-sectional and longitudinal data from Hong Kong, the USA, and Mainland China, covers three distinct issues in the study of ITAs. Study 1 proposes and provides empirical support for a theoretical model, the Information Technology Addiction Spectrum Model. Study 2 addresses an ongoing debate about the nature of ITAs, and suggests that they are a distinct phenomenon rather than simply a manifestation of emotional problems. Study 3 is an investigation of the diagnostic criteria proposed in the DSM 5 for Internet gaming disorder, one of the most well-studied ITAs. These criteria are found to overlook a key distinction among disordered gamers, and alternative criteria are discussed.

About the Speakers

Angel Yee-lam Li is a PhD candidate at the University of Hong Kong’s Department of Psychology. Her research interests center on information technology addiction, and her current research investigates the role of parenting in the process of Internet gaming disorder development among children and young adolescents.

Leif Sigerson is a PhD candidate at the University of Hong Kong’s Department of Psychology. His work focuses on assessment issues in the study of information technology addiction, Facebook addiction, and Facebook behavior in general.

~All are Welcome~

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