Departmental Seminar

Psychological Interventions and Services in New York

2:00 p.m. – 3:00 p.m.  |  October 27, 2016 (Thursday)
Rm 813, 8/F, The Jockey Club Tower  |  Centennial Campus  |  The University of Hong Kong

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Abstract
With the support of the Thanksgiving Scholarship and the kind coordination of teachers, Emily and Chantel completed a two-week educational and experiential program in New York in August and September 2016. They had the opportunities to attend training for psychiatry residents at the Weill Cornell Medical Center of New York Presbyterian Hospital, the top hospital in the United States for psychiatry. They also learnt about the integration of contemporary psychodynamic theories and psychotherapy in the postgraduate psychology program at Adelphi University, the first university-based professional school of clinical psychology accredited by American Psychological Association. In addition to their exposure in hospital and university, they got to meet renowned scholars and clinicians who specialized in areas such as Cognitive Behavioral Therapy, Emotion Regulation Therapy and Compassion Focused Therapy. They gained a deeper understanding about the development of psychological research and services in the United States. They also broadened their perspectives about the application of different psychological theories to clinical practices. All those who are interested in the field of clinical psychology and mental health service are welcome.