Departmental Seminar

Childhood Gender Nonconformity and Mental Health: Insights from Clinic- and Community-based Research

11:30 a.m. – 12:30 p.m. | August 4, 2017 (Friday)
Rm 813, 8/F, The Jockey Club Tower | Centennial Campus | The University of Hong Kong

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Abstract
There is growing clinical and research interest regarding the mental health of children who exhibit gender nonconformity. Gender nonconformity refers to marked cross-gender behavior, and clinically it manifests as gender dysphoria when associated with distress due to an incongruence between birth-assigned and experienced gender identity. This presentation will focus on recent research regarding biological, interpersonal, and cognitive factors underpinning associations between gender nonconformity and elevated behavioral and emotional problems and autistic traits in both clinic- and community-based samples. The implications of this research for our understanding of gender development and the clinical management of gender dysphoria will be discussed.