Departmental Seminar

On Raising Emotionally Intelligent Children: Contribution of Parenting Styles and Parental Emotion Regulation to Preschoolers’ Emotion Regulation

3:30 p.m. – 4:30 p.m. | March 8, 2018 (Thursday)
Rm 813, 8/F, The Jockey Club Tower | Centennial Campus | The University of Hong Kong

Ms. Chen Qiu, Chenny
Ph.D. Candidate
Department of Psychology
The University of Hong Kong

Abstract
It is generally believed that family is the most important environment for children’s early development. Children’s emotional development mostly hinges on the family emotional climates and parent-child interactions in their early years of life. Nonetheless, when both parents need to work, the caregiving responsibilities may rest upon other individuals, such as the grandparents. This is a common situation in Mainland China, where grandparents often assume important roles in raising children in cross-generational parenting families. How may this affect the emotion regulation of young children?

In this presentation, I will highlight the findings of a study on 540 families in an urban city of Mainland China, to compare the generational differences of parenting styles and emotion regulation strategies between grandparents and parents. I will also address how parenting styles mediate the relation between parent’s and child’s emotion regulation, as well as the moderation effects of caregivers’ own sibling experience. Our results support the notion that caregivers’ use of cognitive reappraisal and authoritative parenting style play important roles in children’s emotion regulation, and provided insights on the interplay between parental factors in raising emotionally intelligent children.

~All are Welcome~

Enquiry: kkmshum@hku.hk | Dr. Kathy Shum