

Qualifications: PsychD, Surrey

Appointment: Honorary Associate Professor

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Brief Introduction

Dr. Wong received his MPhil degree in Clinical Psychology from the Institute of Psychiatry in London, and his PsychD in Clinical Psychology from the University of Surrey. He is currently a registered clinical psychologist of the Hong Kong Psychological Society, a registered psychologist in the Australian Psychological Board, and a registered clinical psychologist with the Health Professional Council in the UK. Dr. Wong is a Fellow of the Hong Kong Psychological Society (HKPS), ex- President of the HKPS, Associate Fellow of the British Psychological Society, and Member of the Australian Psychological Society. He has extensive clinical, teaching and supervisory experience in Hong Kong, Australia and China. His major research interest is in the affect structure of anxiety and depression. He is also an Adjunct Associate Professor of the Department of Psychology, The Chinese University of Hong Kong; and Honorary Professor of the Guangdong Mental Health Centre, Guangzhou, PRC. In addition to university teaching, Dr. Wong runs a private practice in clinical and forensic psychology. He is founding Chairman of the *Chinese Association of Cognitive Behaviour Therapy (CACBT)*, and President of the *8th International Congress of Cognitive Psychotherapy (ICCP 2014)* held in Hong Kong between 24-27 June 2014. Dr. Wong is active in conducting regular CBT training courses in China since 2001.

Teaching Areas

2019-20

- PSYC 7002 Assessment of Psychopathology and Personality

Research Interests

- The relationship between anxiety and depression from a structural perspective
- Obsessive Compulsive Spectrum Disorders in a cross-cultural perspective

On-Going Research

- Pathways to inflated responsibility in Chinese

Representative Publications

(Last 15 Years)

唐建軍 主譯 (2019)。鄧秀良、張金玲、汪瞻 副主譯。陳乾元、黃熾榮 主審。你擔心的病都是假的: 健康焦慮症的認知行為治療手冊。山東科學技術出版社。Tyrer, H. (2013). *Tracking Health Anxiety: A CBT Handbook*. The Royal College of Psychiatrists.

So, S.H., Bennett-Levy, J., Perry, H., Wood, D.H. & **Wong, C.W.** (2018). The Self-Reflective Writing Scale (SRWS): a new measure to assess self-reflection following self-experiential cognitive behaviour therapy training. *Reflective Practice*, 19-4, 505-521.

DOI: [10.1080/14623943.2018.1536652](https://doi.org/10.1080/14623943.2018.1536652)

Kazantzis, N., Beck, J.S., Clark, D. A., Dobson, K.S., Hofmann, S.G., Leahy, R.L., **Wong, W.** (2018). Socratic Dialogue and Guided Discovery in Cognitive Behavioral Therapy: A Modified Delphi Panel. *Journal of Cognitive Therapy*, 11, 140-157.

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陳乾元 及 黃熾榮 (2015). 第三節: 「中國香港地區精神疾病司法鑒定的概況」。賈福軍, 郭光全, 蔡偉雄 主編 精神疾病司法鑒定 --- 刑事篇。人民衛生出版社。[Chan, C.K.Y. & **Wong, C.W.** (2015). Chapter 3: “Overview of forensic evaluation in mental health: A Hong Kong China perspective” . In: Jia, F.J., Kuo, K.C. & Cai, W.H. (Ed.) “Forensic Examination in Mental Health: Criminal Litigations”. Peoples’ Health Publications.]

Clark, D. A., Abramowitz, J., Alcolado, G. M., Alonso, P., Belloch, A., Bouvard, M., Coles, M. E., Doron, G., Fernández-Álvarez, H., García-Soriano, G., Ghisi, M., Gómez, B., Inozu, M., Moulding, R., Radomsky, A. S., Shams, G., Sica, C., Simos, G., **Wong, W.** (2014). Part 3. A question of perspective: The association between intrusive thoughts and obsessionality in 11 countries. *Journal of Obsessive-Compulsive and Related Disorders*, 3, 292-299.

Moulding, R., Coles, M. E., Abramowitz, J. S., Alcolado, G. M., Alonso, P., Belloch, A., Bouvard, M., Clark, D. A., Doron, G., Fernández-Álvarez, H., García-Soriano, G., Ghisi, Gómez, B., Inozu, M., Radomsky, A. S., Shams, Sica, C., Simos, G., **Wong, W.** (2014). Part 2. They scare because we care: The relationship between obsessive intrusive thoughts and appraisals and control strategies across 15 cities. *Journal of Obsessive-Compulsive and Related Disorders*, 3, 280-291.

Radomsky, A. S., Alcolado, G. M., Abramowitz, J. S., Alonso, P., Belloch, A., Bouvard, M., Clark, D. A., Coles, M. E., Doron, G., Fernández-Álvarez, H., García-Soriano, G., Ghisi, M., Gómez, B., Inozu, M., Moulding, R., Shams, G., Sica, C., Simos, G., **Wong, W.** (2014). Part 1- You can run but you can't hide: Intrusive thoughts on six continents. *Journal of Obsessive-Compulsive and Related Disorders*, 3, 269-279.

Wong, C. W. (2013). Collaborative empiricism in culturally sensitive cognitive behavior therapy. *Special Edition: Cognitive and Behavioral Practice*. 20, 390-398.

Wong, C. W., & Ng, R. M. K. (2012). Cognitive Behaviour Therapy in China: Developments and future prospects. In: Naeem, F. & Kingdon, D. (ed.). *CBT outside western world: Research, practice and future directions*. Nova Science Publishers, Inc.

Yin, Y., Jin, C. F., Hu, X. L., Duan, L., Li, Z. X., Song, M., Chen, H., Feng, B., Jiang, T. Z., Jin, H., **Wong, C. W.**, Gong, Q. Y., & Li, L. J. (2011). Altered resting-state functional connectivity of thalamus in earthquake-induced posttraumatic stress disorder: A functional magnetic resonance imaging study. *Brain Research*, 1411, 98-107.

Wong, C. W. (2011). Psychological management of trauma in the 21st century: The role of cognitive behavioural approaches in conceptualization and treatment. In: K. K. Wu, C. S. Tang, C. S. & E. Leung (ed.). *Healing Trauma: A Professionals' Guide*. Hong Kong University Press.

Wong, C. W., & Ng, R. M. K. (2010). Promulgating Cognitive Therapy in China. *Advances in Cognitive Therapy*, 10 (2), 6-8.

李凌江主編，郝偉、**黃熾榮**、肖水源副編 (2008). *行為醫學 (第二版)*. 長沙：湖南科學技術出版社。
[Li, L.J., Hao, W., Wong, C.W., & Cio, S.Y. (Ed.) (2008). *Behavioural Medicine (Second Edition)*. Hunan Scientific Technology Publisher, Changsha.]

黃熾榮. (2008). 認知行為治療的起源與發展。見：李凌江主編. *行為醫學 (第二版)*. 第十七章, 284-304。長沙：湖南科學技術出版社。[Wong, C.W. (2008). Chapter 17 (pp. 284-104): The emergence and development of cognitive behavioral therapy. In: Li, L.J., Hao, W., Wong, C.W., & Cio, S.Y. (Ed.) (2008). *Behavioural Medicine (Second Edition)*. Hunan Scientific Technology Publisher, Changsha.]

黃熾榮. (2008). 認知行為治療的理論基礎及其在實証醫學中的地位。見：李凌江主編. *行為醫學 (第二版)*. 第十八章, 305-318。長沙：湖南科學技術出版社。 [Wong, C.W. (2008). Chapter 18 (Pp. 305-318): Cognitive behavioral therapy: Theoretical foundations and status in evidence-based medicine. In: Li, L.J., Hao, W., Wong, C.W., & Cio, S.Y. (Ed.) (2008). *Behavioural Medicine (Second Edition)*. Hunan Scientific Technology Publisher, Changsha.]

黃熾榮、陳乾元. (2008). 認知行為治療的方法。見：李凌江主編. *行為醫學 (第二版)*. 第十九章, 319-331。長沙：湖南科學技術出版社。 [Wong, C.W. & Chan, K.C.Y. (2008). Chapter 19 (Pp. 319-331): Cognitive behavioral therapy techniques. In: Li, L.J., Hao, W., Wong, C.W., & Cio, S.Y. (Ed.) (2008). *Behavioural Medicine (Second Edition)*. Hunan Scientific Technology Publisher, Changsha.]

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