

Dr. Antoinette Lee



EDUCATION

B.SocSc. (Psychology), The University of Hong Kong

Ph.D. (Psychology), The Chinese University of Hong Kong

RESEARCH INTERESTS

- Eating disorders
- Body image and body dissatisfaction
- Stress and coping
- Mindfulness
- Self-compassion
- Antenatal and postpartum mental health
- Parent-child relationship and mental health
- Mental health across different life stages (adolescence, midlife, old age)

My main research area is health psychology and mental health. I am interested in the reciprocal relationship between psychology and health, and between mental and physical health. Within these broad areas, I am particularly interested in how psychological factors affect health and illness; how medical and physical conditions affect mental health; and how cultural (e.g. cultural attitudes, beliefs and practices) and social factors (e.g. gender) affect mental health and psychological well-being.

Potential thesis students are also encouraged to propose their own thesis topic within the broad areas of mental health, health psychology, positive psychology and psychology of gender.

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